## RELEASE FORM

## VIRGINIA NATIONAL GUARD (VANG) COUNTERDRUG TASK FORCE

## **ACKNOWLEDGEMENT OF RISK**

I HEREBY ACKNOWLEDGE AND AGREE that Adventure Based Activity Equipment (hereinafter "ABAE") and the use of Virginia Army National Guard (hereinafter "VANG") ABAE has inherent risks. I have full knowledge of the nature and extent of all the risks associated with ABAE. These risks include but are not limited to:

- 1. All manner of injury resulting from falling off ABAE, hitting ABAE, or hitting the ground;
- 2. Rope and cable abrasion, entanglement and other injuries resulting from activities on or near the ABAE such as, but not limited to, climbing, belaying, rappelling, lowering on rope, rescue systems, and any other suspension techniques.
- 3. Injuries resulting from falling participants or dropped items, such as, but not limited to, ropes or climbing hardware;
- 4. Cuts and abrasions resulting from skin contact with the ABAE.
- 5. Failure of ropes, slings, harnesses, climbing hardware, anchor points, or any part of the ABAE structure.

I further acknowledge that the above list is not inclusive of all possible risks associated with the use of the ABAE and that the above and in no way limits the extent or reach of this release and covenant not to sue.

RELEASE/INDEMNIFICATION AND COVENEANT NOT TO SUE

In consideration for my use of the ABAE, I, the undersigned user, agree to release and on behalf of myself, my heirs, representatives, executors, administrators, and assigns, HEREBY DO RELEASE the VANG and the United States Government, its officers, agents, departments, sponsors, and employees from any cause of action, claims, or demands of any nature whatsoever, including but not limited to, a claim of NEGLIGEN CE, which I, my heirs, representatives, executors, administrators, and assigns may now have, or have in the future against the ABAE on account of personal injury, property damage, death, or accident of any kind, arising out of or in any way related to my use of the ABAE whether that use is supervised or unsupervised, however the injury or damage is caused, including, but not limited to, the NEGLIGENCE of the VANG, the United States Government, its officers, agents, departments, sponsors, and employees.

In consideration of my use of the ABAE, I, the undersigned use, agree to INDEMNIFY AND HOLD HARMLESS, the VANG, the United States Army, and the officers, agents, sponsors, and employees of each of them from any and all causes of action, claims, demands, losses, or costs of any nature whatever arising out of or in any way relating to my use of the ABAE.

I hereby certify that I have full knowledge of the nature and extent of the risks inherent in the use of the ABAE and that I am voluntarily assuming the risks. I understand that I will be solely responsible for any loss or damage, including death, I sustain while using the ABAE and that by this agreement, I am relieving the VANG, the United States Government and agents of each, and all other event sponsors, of any and all liability for such loss, damage or death.

I further certify that I am in good health and that I have no physical limitations which would preclude my safe use of the facilities.

By signing below you are indicating that you have read, understood and will abide by the Release form and that you understand the risks of ABAE use.

User's Name (Printed Clearly):	
User's	
Signature:	
Date:	Date of Birth:
If the user is under 18 years of age a parent/guardian must fill out the following section also:	
	r under 18 years of age, hereby consent to the Form.
Parent/Guardian Name (Printed Clearly):	
Phone: Date:	
Parent/Guardian Signature:	
terms and conditions set forth in this Release Form.  Parent/Guardian Name (Printed Clearly):  Phone: Date:  Parent/Guardian Signature:	

## **CLOTHING REQUIREMENTS:**

No open toed shoes or skirts/dresses

Modest Pants or shorts, and shirts required

We recommend long sleeve shirts, appropriate sun protection, and while helmets are not required participants are welcome to bring their own helmets.

THE VANG RESERVES THE RIGHT TO REFUSE PARTICIPANTS DUE TO CLOTHING, ACCESSORIES, OR ATTITUDE THAT THE VANG CONSIDERS UNSAFE OR INAPPROPRIATE.